

New Song Community Church
Sunday, February 16, 2020
Spiritual Hunger Pains Part 4

It is one thing to talk about spiritual starvation and dryness and another thing to describe the symptoms and prescribe the cure. This week I believe the Holy Spirit will challenge us to look at some very direct symptoms that will help us diagnose our struggles and find the spiritual cure.

Lesson 1

Symptom: God feels distant

- A. The word of God declares that God is the same yesterday, today and forever.
- B. Take the time to stop and think about things you may be doing that would put distance between you and the Lord.
- C. Read **Psalm 139:17-18** and apply it to your situation.

Lesson 2

Symptom: Negative Thinking and Attitude

- A. Take a moment and reflect on things in your life that you may be feeling disappointment from.
- B. Are you holding on to any offenses that would keep you from having fellowship with the Lord or another person?
- C. Read **Romans 14:17** and write down the things that you are experiencing righteousness peace and joy in.

Lesson 3

Symptom: Your Spiritual Life Seems to be in a Rut

- A. You have lost the excitement and joy you once felt serving the Lord and others.
- B. You are feeling that people are taking you for granted or advantage of your kindness.
- C. Read **John 13:1-17**. Ask the Lord to show you how you can serve those in your life that you feel don't deserve your kindness.

Lesson 4

Symptom: Giving while you Feel Empty and Weary

- A. Ask the Lord to show you areas of your life that you might be vulnerable to spiritual burn-out
- B. Employ the spiritual method of recovery by discovering the meaning true **JOY: Jesus – Others – Yourself**
- C. Spend time with Jesus in prayer to receive the comfort and assurance of His love for you

Lesson 5

Symptom: Your Faith is no Longer Contagious

- A. Ask the Lord to reveal to you any compromise of your spiritual convictions that would cause your witness to be ineffective.
- B. Read **Psalm 51:12-13**.
- C. Pray for renewed strength and joy in your salvation

Lesson 6

Symptom: Serving out of Duty

- A. Ask yourself to speak out loud the things that motivate you to serve the Lord.
- B. Are you serving Jesus because of your passion for Him or because you feel pressure from other believers?
- C. Ask the Lord to renew your strength and replenish your vision to seek, save and disciple the lost.

The word of God has promised that those who wait upon the Lord will renew their strength. Waiting on the Lord gives us the opportunity to find out what He is doing and to partner with Him carrying a yoke that easy and a burden that is light.